



ID

foundations

SCOPE & SEQUENCE
with COMMON QUESTIONS



 FAITH BEYOND BELIEF



foundations

Guiding ages 8-12 to build
their identity on the rock-solid
foundation of God's Word.





common questions

WHY IS THE TOPIC OF IDENTITY IMPORTANT?

Establishing truthful and confident views of one's identity at an early age allows an individual to combat societal mistruths as they grow up and helps them to stand up to conflicts such as peer-pressure and bullying. God's Word, the Bible, gives great instruction on how we should form our identity. By understanding God's intentions in their creation and His plan for their lives, children can stand strong against the ever-changing messages about identity that culture gives them.

WHAT IS ID FOUNDATIONS?

ID Foundations is an eight-week curriculum, specially written for participants, ages 8-12, to help them explore what the Bible says about their identity. Each session consists of an exciting Bible Message, a verse to memorise, a cartoon to watch and lots of games, activities, and discussion questions to help each participant understand the topics. Sessions can be 50, 60 or 70 minutes in length.

WHAT DO WE NEED TO RUN ID FOUNDATIONS?

The curriculum is straight-forward and simple to execute. You will need a Main Leader to facilitate the majority of the curriculum. You will then need 1 leader for every 8-10 participants to assist with activities and discussion questions. An easy-to-source supply list is included for each session, along with a guide to planning your time. You will also need a method to show each week's cartoon called Light Force.

WHAT IF A PARTICIPANT DISCLOSES ABUSE?

When we bring up the topic of sexuality with children there is a possibility that a child will know more about the topic of sex than you deem appropriate or actually disclose that they have been abused. You should ensure that you review your Child Protection Plan with all leaders prior to beginning ID Foundations so that everyone knows how to handle these situations.





common questions

SHOULD PARENTS ATTEND ID FOUNDATIONS?

If possible, it would be ideal for parents to either attend ID Foundations or participate in another Faith Beyond Belief Identity Course at the same time. Instilling a Biblical view of identity does not just happen in the context of a classroom. It would be ideal for parents to continue the discussion with their child at home.

DO PARTICIPANTS NEED TO ATTEND ALL WEEKS?

It is important that participants attend all sessions of ID Foundations as each session discusses a common lie or misconception about identity. The first session is absolutely imperative for every participant to attend as it is the basis for the discussion of identity that will occur throughout the entire curriculum.

HOW SHOULD WE ADVERTISE?

When advertising your ID Foundations course, it is important that participants and parents are aware that the course is talking about identity from a Biblical perspective. The course presents the creation of male and female, God's intention for marriage, the dangers of watching violence and pornography, preserving body integrity, types of love and feelings vs. reality. This curriculum contains the timeless truth of God's Word and could offend some people.

WHAT IF WE NEED MORE HELP?

Faith Beyond Belief Speakers and Content Creators would be happy to assist you with any further questions or support needs. Just visit our website faithbeyondbelief.ca for contact info.





scope & sequence

SESSION 1 - WHAT ARE YOU?

Bible Passage

Paul and Silas in
Prison
(Acts 16:25-33)

Main Point

Who am I?
What is my
identity? - In
Christ, I am
who He says I
am

Verse

Jeremiah 29:11
For I know the plans I
have for you, declares
the Lord, plans to
prosper you and not
harm you, plans to
give you hope and a
future.

Light Force

Light Force heroes defend truth
throughout the universe and shine
God's light on everything evil. We meet
a group of superheroes-in-training who
are working hard to become part of the
elite Light Force with the help of their
Squad-Leader, named Torch.

Activities

WHO AMONG
THEM...?
(a guessing
identity game)
GOD'S ULTIMATE
PLAN
(an evangelism
activity)

SESSION 2 - MALE & FEMALE

Bible Passage

God Creates
Adam and Eve
(Genesis 1:26-28)

Main Point

What am I? -
God Made
Male & Female

Verse

Isaiah 64:8
Yet you, LORD, are our
Father. We are the
clay, you are the
potter; we are all the
work of your hand.

Light Force

A superhero-in-training sees similarities
between himself and an angel. He is
mis-guided by the mysterious Dark
Force into thinking that he should be an
angel and would be happier living as
one. Can God's Word shine a light on
the creation of Beacon and help him
see that he was created for a reason?

Activities

PICTURE-PERFECT
(a drawing and
guessing game)
FOLLOW-THE-
LEADER
(a secret drawing
activity)

SESSION 3 - MY FEELINGS & REALITY

Bible Passage

Moses and the
Exodus
(Exodus 3-12)

Main Point

My Feelings
and What
They Mean -
Just Because
That's How
You Feel,
Doesn't Make
It Reality

Verse

Ephesians 2:10a
For we are his
workmanship, created
in Christ Jesus for
good works, which
God prepared
beforehand, that we
should walk in them.

Light Force

The Squad is in trouble: no one is
talking to each other as they are
all offended and Dark Force has
been making everything worse.
Can Torch get the superheroes-in-
training back on track or are they
all doomed to fail?

Activities

2 TRUTHS AND A LIE
(an identity guessing
game)
CHOOSE YOUR
REALITY
(optical illusion game)
FINGERPRINT IDENTITY
(activity)





scope & sequence

SESSION 4 - THE 4 LOVES

Bible Passage

David and His Relationships
(1 Samuel 16-20,
2 Samuel 2-5 & 9,
Psalm 18:1-2)

Main Point

There are 4
Kinds of Love -
Not All Love is
Sexual Love

Verse

1 Corinthians 13:4-7
Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things.

Light Force

Spark, with egging on from Dark Force, sees the superheroes-in-training expressing love and mistakes it for romantic love, which Spark thinks is gross. Can Torch help Spark understand that there are different types of love?

Activities

MEMORY VERSE
(fill in the blanks)
DARLING, IF YOU
LOVE ME, WON'T
YOU PLEASE,
PLEASE SMILE?
(a hilarious acting
game)
ALL MY LOVES
(reflection activity)

SESSION 5 - WHY GET MARRIED?

Bible Passage

Jesus Talks With
a Samaritan
Woman
(John 4:1-42)

Main Point

Why Do
People Get
Married? - The
Foundation of
Who You Are is
Not Found in
Your
Relationships,
it is In Christ

Verse

Genesis 2:24
Therefore a man shall
leave his father and
his mother and hold
fast to his wife, and
they shall become one
flesh.

Light Force

Radiance falls for local bad-boy and bully, Spector and believes, with encouragement from Dark Force, that she can turn him towards the light. Watch as Torch teaches her the important lesson that it is harder to pull someone up, than it is for them to pull you down.

Activities

VERSE
(active game)
BED SHEET PING
PONG
(a cooperative
game)
SALT-DOUGH
CREATIONS
(activity)





scope & sequence

SESSION 6 - MY BODY THAT GOD MADE

Bible Passage

Joseph and
Potiphar's Wife
(Genesis 39)

Main Point

This is My Body That
God Made - Sexual
Integrity, How
Others Touch My
Body and Physical
Boundaries

Verse

1 Corinthians 6:18a
Flee from sexual
immorality.

Light Force

Radiance finds Luminosity taking pictures
of herself without clothes on with the
intention of sending them to someone
named Dark Force who she met online. Can
Radiance help Luminosity understand
having integrity with our bodies?

Activities

SIMON SAYS
(a follow-the-
leader game)
FACTS ABOUT
SEXUAL INTEGRITY
(activity)

SESSION 7 - GARBAGE IN, GARBAGE OUT

Bible Passage

David and
Bathsheba
(2 Samuel 11) &
Solomon's Wives
(2 Kings 11:1-13)

Main Point

When You Put
Garbage In,
Garbage Will
Come Out - What
We Watch and
Hear Affects Us

Verse

1 Corinthians 6:19-20
Do you not know that
your bodies are
temples of the Holy
Spirit ... So honor God
with your bodies.

Light Force

Video game whiz, Beacon, becomes
enthralled with a violent and sexually
suggestive video game and, at Dark
Force's suggestion, introduces Spark to it.
Will Beacon see the light that you cannot
watch harmful things without them doing
harm to you?

Activities

WOULD YOU RATHER
(a choosing game)
PASS IT ON (verse
activity)
BRAIN-BUSTER
(a memory game)
TOILET PAPER TRAP
(activity)

SESSION 8 - LOVE OTHERS

Bible Passage

The Adulterous
Woman
(John 8:2-11)

Main Point

Love Others,
Even If You Don't
Agree With Them
- Disagreement
Does Not Mean
Hate

Verse

John 13:34
A new command I give
you: Love one another.
As I have loved you, so
you must love one
another.

Light Force

Dark Force has worked against the
Squad's training since the beginning.
What will he do on Graduation Day to
stop the Squad from finishing their
training and becoming Light Force
heroes?

Activities

BEST-OF GAME
NEVER-ENDING
SNOWBALL FIGHT
(an active group
game)
SHOW THE LOVE
(a verse activity)



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